

# Counseling and Human Services

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## School

College of Arts, Humanities and Social Sciences (<http://www.stmarytx.edu/humanities/>)

## School Dean

Nancy LaGreca, Ph.D. ([nlagreca@stmarytx.edu](mailto:nlagreca@stmarytx.edu))

## Department

Counseling & Human Services (<https://www.stmarytx.edu/academics/department/counseling/>)

## Department Chair

Shawn Spurgeon, Ph.D. ([sspurgeon@stmarytx.edu](mailto:sspurgeon@stmarytx.edu))

## Clinical Mental Health Counseling:

The Clinical Mental Health Counseling program is accredited by the Council for Accreditation of Counseling and Related Education Programs (CACREP). This program uses traditional classroom teaching methods, role play and clinical experiences, online and written assignments, and testing as some of the methods of instruction. Students are required to practice counseling at the Family Life Center, a department run clinic, and in community settings. Students are required to pass a comprehensive examination as part of this degree program.

## Program Director

Melanie C. Harper, Ph.D. ([mharper@stmarytx.edu](mailto:mharper@stmarytx.edu))

## Program Specific Admission Requirements

Admission is granted only to those who show high promise of success in master's study. Generally, students must meet the following minimum criteria to be considered for admission:

1. Have a bachelor's degree from an accredited college or university.
2. Satisfactory scores on the General Test of the GRE or MAT are required (not required for applicants who already have a master's degree).
3. Have positive recommendations from past employers and/or from faculty members of previous undergraduate studies.
4. Have a personal statement that indicates interest in becoming a professional counselor or doing work that requires counseling skills.

## Counselor Education and Supervision

The Counselor Education and Supervision program is accredited by the Council for Accreditation of Counseling and Related Education Programs (CACREP). This program uses traditional classroom teaching methods; clinical, teaching, and research experiences; online and written assignments; and testing as some of the methods of instruction. Students are required to pass a comprehensive examination and complete a dissertation as part of this degree program.

## Program Director

Shawn Spurgeon, Ph.D. ([sspurgeon@stmarytx.edu](mailto:sspurgeon@stmarytx.edu))

## Program Specific Admission Requirements

Admission is granted only to those who show high promise of success in doctoral study. Generally, students must meet the following minimum criteria to be considered for admission:

1. Have a master's degree in counseling or a closely related mental health area of study (for example, clinical psychology, social work, art therapy, or marriage and family therapy) from an accredited college or university. If the master's degree was not in Counseling or was not from a CACREP-accredited program, then leveling courses may be required to bring the training up to the level expected in a CACREP-accredited master's counseling program.
2. Have positive recommendations from past employers relating to professional counseling experience, as well as from faculties of previous graduate studies.
3. The faculty expects doctoral students to be licensed or certified mental health professionals, to be working on licensure or certification, or to be planning to work in an environment that does not require licensure or certification (such as a religious setting or a foreign country). Applicants who are not licensed or certified should address the lack of a license or certification in the personal statement. Applicants who recently graduated from a

master's program can do this by providing a timeline for expected licensure or certification and describing the steps the applicant has already taken to achieve licensure or certification.

4. Have a positive recommendation from the Graduate Admissions Committee of the Department of Counseling.
5. A successful interview with department faculty.
6. Show potential in the areas of research and writing, as evidenced by previous coursework and/or experience.

Students who meet the minimum criteria are not guaranteed admission. Enrollment is limited to approximately ten full-time equivalent students per year, and each individual's application is evaluated as a whole, taking into account his or her strengths, weaknesses, background, and personal goals. The faculty also attempts to assess the personal characteristics of applicants and to admit for study those individuals who are judged to have the greatest potential for success in the academic program and as professional practitioners after graduation. Generally, the selection process involves choosing among highly qualified applicants, rather than qualified and unqualified applicants.

## Master's Programs in Counseling and Human Services

- M.A. in Clinical Mental Health Counseling (<https://catalog.stmarytx.edu/graduate/humanities-social-science/counseling-human-services/clinical-mental-health-counseling-ma/>)

## Doctoral Programs in Counseling and Human Services

- Ph.D. in Counselor Education and Supervision (<https://catalog.stmarytx.edu/graduate/humanities-social-science/counseling-human-services/counselor-education-supervision-phd/>)

### **CN 6000X. Continuous Graduate Enrollment. 0 Semester Hours.**

### **CN 6123. Seminar in Counseling. 1 Semester Hour.**

This course is designed to provide research and clinical information related to current topics of interest in the counseling profession. Students will engage in readings and discussions on social and cultural topics in society and their impact of mental health and well-being.

### **CN 6150. Group Counseling Methods. 1 Semester Hour.**

Theory and practice in group work. Psychological foundations of group work, including group guidance, growth groups and group counseling and therapy, with an opportunity to apply experientially the basic principles of group leadership. Limited enrollment.

### **CN 6252. Hope, Resilience and Hum. 2 Semester Hours.**

### **CN 6253. Group Process. 2 Semester Hours.**

Theory and practice in group work. Psychological foundations of group work, including group guidance, growth groups and group counseling and therapy, with an opportunity to apply experientially the basic principles of group leadership. Limited enrollment.

### **CN 6282. Hope, Resilience and Human Transcendence. 2 Semester Hours.**

This course will cover many aspects of positive and existential counseling including the emphasis on character strengths, total wellbeing, self and group efficacy, happiness and life satisfaction as well as human resilience and flow. It will examine how human thoughts, emotions, spirit, behaviors, and social connections contribute to a life worth living. Hope-instilling intervention skills designed to assist clients view and transform stressful circumstances into growth experiences and regard daily experiences as meaningful will be covered. The emphasis will be on learning about what is right with people, their resilience, their spirituality, their character strengths, their willingness to serve, their capacity for doing evil, their sources of happiness, their life-impeding social realities, their empowering connections, their life-enhancing social structure, and their human potential.

### **CN 6283. MFT Person Therapist Training. 2 Semester Hours.**

This course is designed to enhance the clinical skills and competence of master's level family therapist through the Person of the Therapist Training model. The POTT model encourages students involved in clinical practice to actively explore person of the therapist issues to enhance clinical practice. Person of the therapist issues are inherent in clinical work and student learn self-reflection and interpersonal skills to identify and work with personal issues that may arise in the context of clinical work. This course is designed to complement student's growing clinical competence as students develop an awareness of the self within one's own family of origin, as well as the broader social context. Prerequisite: MFT program permission.

### **CN 6305. Computer Literacy. 3 Semester Hours.**

Survey of computer systems and their applications. The fundamentals of software are studied and applied through word processing, data base, spread sheet, DOS, and E-mail applications. For non-Computer Information Systems and non-Computer Science majors only.

### **CN 6321. Assessment and Appraisal in Counseling. 3 Semester Hours.**

This course instructs students in how to learn how to measure healthy human processes, optimal mental health, vital balance and life-impeding factors. It will provide students with a basic framework for understanding the functions and limits of testing and measurement. Basic principles, research, and theories on the measurement of psychological constructs and clinical diagnosing and their significance of treatment will be covered. Theories and techniques of administering, scoring, and interpreting psychological tests within the cultural context will be emphasized.

### **CN 6323. Seminar in Counseling. 3 Semester Hours.**

This course is designed to provide research and clinical information related to current topics of interest in the counseling profession. Students will engage in readings and discussions on social and cultural topics in society and their impact of mental health and well-being.

**CN 6352. Career Planning. 3 Semester Hours.**

Selection and use of the career information; community resources; survey of theories of vocational choice; use of interest and aptitude inventories in career development; personnel selection procedures; individual and group vocational counseling; placement and follow up procedures.

**CN 6354. Introduction to Counseling. 3 Semester Hours.**

This course is designated to introduce students to the counseling profession. Students will explore a history of the counseling profession, the organizations that contribute to the counseling profession, training, and credentialing standards within the profession, ethical and legal standards of conduct within the profession, the scope of practice for counselor, current issues that counselors face, and the necessity and methods for maintaining wellness as a counselor. This instructor will work with the students to help them develop their professional identity as members of the counseling profession.

**CN 6355. Theories of Counseling. 3 Semester Hours.**

This course provides a detailed review of the theoretical foundations of major counseling theories. Reviewed theories include Psychoanalytic, Neo-Freudian, Person-Centered, Gestalt Therapy, Existentialist, Behaviorist, Transactional Analysis, Rational Emotive Therapy, and Reality Therapy.

**CN 6356. Counseling Techniques. 3 Semester Hours.**

This course is designated to introduce students to the basic counseling microskills via role plays and readings. Students' abilities to select appropriate microskills and use them are evaluated through video recordings, self-critiques, quizzes and exams. This course also presents a general mode of counseling.

**CN 6357. Counseling Practicum. 3 Semester Hours.**

Students apply counseling principles and procedures to develop skills in the treatment of individuals with emotional and behavioral problems. Students learn under the direction of doctoral qualified supervisors at an approved site. Case experiences are further analyzed and discussed under the supervision of faculty in weekly class meetings. Students complete a minimum of 100 hours on site, 20 client contact hours, and 15 hours of supervision. Favorable final evaluations by the site supervisor and faculty are required for credit. Limited enrollment. Prerequisite: CN 6354.

**CN 6361. Abnormal Behavior and Crisis Counseling. 3 Semester Hours.**

This course will focus on the fundamental concepts and theories of crisis counseling and crisis management within Mental Health Agencies. The Developmental Impact of Crises/Trauma including the neurobiology of trauma will be explored and special attention will be paid to.

**CN 6362. Family Crises. 3 Semester Hours.**

This course examines four primary areas of family crises from a systemic perspective, in addition to best clinical practices. Systemic impacts of family violence, substance abuse, infidelity, and military deployment, will be the foci of this course. Theoretical, as well as clinical applications will be emphasized. Prerequisite: Completion of CN 6370 and CN 7374, or enrollment in MFT doctoral program.

**CN 6363. Special Issues in Substance Abuse. 3 Semester Hours.**

Seminars to explore topics related to drug and alcohol abuse, selected according to student's needs and interests.

**CN 6364. Substance Use and Addictive Disorders. 3 Semester Hours.**

This course will examine how substance abuse affect individuals, family members, couples, and significant others as well as how they impact and influence the user. In addition, the models.

**CN 6367. Counseling Practicum. 3 Semester Hours.**

Students apply counseling principles and procedures to develop skills in the treatment of individuals with emotional and behavioral problems. Students learn under the direction of doctoral qualified supervisors at an approved site. Case experiences are further analyzed and discussed under the supervision of faculty in weekly class meetings. Students complete a minimum of 100 hours on site, 40 client contact hours, and 15 hours of supervision. Favorable final evaluations by the site supervisor and faculty are required for credit. Limited enrollment. Prerequisite: CN 6354.

**CN 6369. Introduction to Couples and Family Counseling. 3 Semester Hours.**

An overview of the techniques and strategies used in couples and family counseling with special emphasis for students who are not seeking a degree in Marriage and Family Therapy.

**CN 6370. Foundations of Marriage and Family Therapy. 3 Semester Hours.**

Basic concepts in marriage and family therapy, focusing on theories of change and foundations of family systems work.

**CN 6371. Foundations of Marriage and Family Therapy II. 3 Semester Hours.**

The purpose of the course is to carefully examine the postmodern movement as it applies to the field of Marriage and Family Therapy. Through readings and discussion, students in this course will be introduced to the underpinnings of the postmodern movement, including current MFT models (e.g. Narrative, Collaborative Language Systems) associated with it. Prerequisite: Completion of CN 6370, or instructor permission.

**CN 6381. Methods of Research. 3 Semester Hours.**

Methods and tools of research in behavioral sciences. Emphasis on practical application of basic concepts in producing and consuming research. Prerequisite: A course in introductory and inferential statistics.

**CN 7112. Internship Completion. 1 Semester Hour.**

This course is taken after a student has registered for both CN 7359 and CN 7360 but has not yet completed all of the experiential hours required in those courses. Students who have fewer than 41 direct client contact hours remaining to complete internship requirements can register for this course. Students are expected to meet with clients and supervisors throughout the semester when enrolled in an Internship Completion course.

**CN 7140. Special Practicum. 1 Semester Hour.**

This practicum provides a counseling/therapy experience each semester until the student begins the intensive internship in the third year. One hour of supervision is required for each five hours of client contact. Students must complete a minimum of 30 hours of direct client contact per semester for each one semester hour practicum, for a minimum total of 120 hours of direct client contact and a minimum total of 24 hours of supervision.

**CN 7141. Special Practicum in Marriage and Family Therapy. 1 Semester Hour.**

This practicum provides a counseling/therapy experience each semester until the student begins the intensive internship in the third year. One hour of supervision is required for each five hours of client contact. Students must complete a minimum of 30 hours of direct client contact per semester for each one semester hour practicum, for a minimum total of 120 hours of direct client contact and a minimum total of 24 hours of supervision.

**CN 7183. MFT Internship Completion. 1 Semester Hour.**

Consists of 15-20 hours weekly of supervised clinical practice at the Family Life Center and approved off campus sites, with 10 client contact hours weekly and individual and group supervision on campus. (Off campus supervision may also be arranged.) Limited enrollment. Supervision by AAMFT Approved Supervisors. Prerequisite: CN 6370, CN 7371, CN 7372, CN 7374, completion of 24 semester hours in the program and Candidacy for the Master's Degree.

**CN 7187. Expressive Modalities of Play Therapy. 1 Semester Hour.**

Course provides overview of expressive modalities utilized within play therapy, including art therapy, music therapy, and the use of sand in therapy. Students will understand the theoretical justification for implementing and interpreting expressive modalities in therapy with children and adolescents. Extension of these modalities to adult psychotherapy, including couple and family therapy, will also be included.

**CN 7188. Family Play Therapy. 1 Semester Hour.**

Course provides overview of play-based family assessment and intervention and its application to diverse clients populations. Traditional involvement of parents in play therapy is reviewed and expanded in the contexts of family systems theory and attachment theory. Theoretical and empirical examining the effects of parent-child play interactions on child development is also referenced.

**CN 7189. Special Topics in Play Therapy. 1 Semester Hour.**

The course is offered in order to introduce students to emerging theory and techniques within the play therapy field. The application of play therapy models and techniques to special populations will also be addressed. Examples of topics: Advanced Child-Centered Play Therapy Techniques; Play Therapy with Children diagnosed with Oppositional-Defiant Disorder; Play Therapy with Children diagnosed with Autism Spectrum Disorders; Advanced Adlerian Play Therapy Techniques; Advanced Experiential Play Therapy Techniques; Play Therapy with Physically, Emotionally, and Sexually Abused Children; Play-Based Child and Family Assessment Techniques.

**CN 7190. Field Experience Play Therapy. 1 Semester Hour.**

Within this course, students will be engaged in supervised play therapy clinical experience, receiving clinical supervision from a registered play therapy supervisor (RPT-S). Students can enroll simultaneously in this course and practicum or internship.

**CN 7199. Clinical Mental Health Capstone Course. 1 Semester Hour.**

This course is designed to assess students' overall professional knowledge, clinical skills and practices, and multicultural and advocacy competencies in their work with individuals, families, groups and/or communities. Under the supervision of the students' faculty advisor, students will demonstrate their ability to conceptualize cases; utilize diagnoses (or not); create treatment plans; assess client/familial progress; work with other mental health professionals in an interdisciplinary context; determine when to refer for an evaluation for psychotropic medications; understand the usage of such medications, their side effects, and how to consult with a client's respective medication provider; monitor and assess the impact of traumatic events; and terminate therapeutic relationships. Students will also be required to assess their strengths and weaknesses, and develop plans for continued professional development and a long-term self-care plan.

**CN 7212. Internship Completion. 2 Semester Hours.****CN 7264. Psychopharmacology. 2 Semester Hours.**

An overview of psychotropic drugs; their clinical implications, side effects, and relation to counseling, psychotherapy, and marriage and family therapy.

**CN 7267. Community Coun & Soc. Jus. 2 Semester Hours.**

The roles of counselors in community agencies, private practice, in litigation and consulting processes, and in client advocacy will be explored with the intent of assessing means by which counselors can provide access to and delivery of optimal mental health services. Counselors' roles and responsibilities in promoting fair and equitable mental health policy and legislation in a variety of contexts will be examined. Special attention will be paid to how the confluence of social and political barriers impact counselors' ability to assess and advocate for individual and community needs, facilitate conflict resolution, and secure resources for programs designed to empower and serve oppressed populations. Such oppressed populations include those individuals dealing with racism, sexism, religious persecution, poverty, immigration issues, language barriers, trauma (i.e. natural disaster, domestic violence etc.), heterosexism, physical disabilities, mental illness and interpersonal and/or institutional rankism.

**CN 7283. MFT Internship Completion. 2 Semester Hours.**

Consists of 15-20 hours weekly of supervised clinical practice at the Family Life Center and approved off campus sites, with 10 client contact hours weekly and individual and group supervision on campus. (Off campus supervision may also be arranged.) Limited enrollment. Supervision by AAMFT Approved Supervisors. Prerequisite: CN 6370, CN 7371, CN 7372, CN 7374, completion of 24 semester hours in the program and Candidacy for the Master's Degree.

**CN 7287. Relationship Education. 2 Semester Hours.**

The primary focus of this course will be training in three relational psychoeducation workshops relevant to couples and families. Familiarity with components of premarital, relationship enhancement and parenting workshops is emphasized. As part of the course, students will be required to facilitate at least one session in each workshop format. Course is required for all master's students. Prerequisite: Completion of CN 6370 and CN 7385, or enrollment in MFT doctoral program. Lab Fee: \$400.

**CN 7301. Professional and Ethical Issues. 3 Semester Hours.**

Problems in professional practice of guidance, counseling, marriage and family therapy and research. Professional ethics, relations to other professionals and the public. Liability issues.

**CN 7302. Social/Cultural Issues in Counseling. 3 Semester Hours.**

The effects of social change, cultural patterns, roles of men and women, different lifestyles, ethnic groups, and other special populations in the counseling process.

**CN 7311. Directed Readings & Research. 3 Semester Hours.**

Prior permission of instructor and Graduate Program Director needed before authorization for registration.

**CN 7312. Internship Completion. 3 Semester Hours.****CN 7333. Mental Health and Psychopathology. 3 Semester Hours.**

Reviews the healthy personality and various models of psychopathology, including the DSM IV and organic diseases that masquerade as psychological problems.

**CN 7350. Advanced Clinical Practicum. 3 Semester Hours.**

This practicum provides a counseling experience for students prior to the actual internship and requires a minimum of 90 clients contact hours per semester. One hour of supervision is required for each five hours of direct client contact. Prerequisites: CN 6354, 6355, 6357 (for Counselor Education); CN 6370, 7371, 7372 (for Marriage and Family Therapy).

**CN 7351. Human Growth and Development. 3 Semester Hours.**

Survey of human growth and development from birth through adolescence to maturity. Special emphasis on biophysical, cognitive, affective, and psycho-social domains. Prerequisite for CN 7373.

**CN 7359. Internship in Counseling I. 3 Semester Hours.**

The internship provides the opportunity to develop skills in the treatment of individuals with emotional and behavioral problems, under the direction of doctoral qualified supervisors at an approved site. Case experiences are further analyzed and discussed under the supervision of faculty in weekly class meetings. Students complete a minimum of 300 hours on site, 120 client contact hours, and 15 hours of supervision. Favorable final evaluations by the site supervisor and faculty are required for credit. Limited enrollment. Prerequisite: CN 6150/6253, 6352, 6354. 6355, 6357, 7301, 7302, 7351, or permission of instructor, and, completion of 30 semester hours in the program, and admission to candidacy for the Master's degree.

**CN 7360. Internship in Counseling II. 3 Semester Hours.**

The internship provides the opportunity to develop skills in the treatment of individuals with emotional and behavioral problems, under the direction of doctoral qualified supervisors at an approved site. Case experiences are further analyzed and discussed under the supervision of faculty in weekly class meetings. Students complete a minimum of 300 hours on site, 120 client contact hours, and 15 hours of supervision. Favorable final evaluations by the site supervisor and faculty are required for credit. Limited enrollment. Prerequisite: CN 6150/6253, 6352, 6354. 6355, 6357, 7301, 7302, 7351, or permission of instructor, and, completion of 30 semester hours in the program, and admission to candidacy for the Master's degree.

**CN 7361. Internship in Counseling III. 3 Semester Hours.**

The internship provides the opportunity to develop skills in the treatment of individuals with emotional and behavioral problems, under the direction of doctoral qualified supervisors at an approved site. Case experiences are further analyzed and discussed under the supervision of faculty in weekly class meetings. Students complete a minimum of 300 hours on site, 120 client contact hours, and 15 hours of supervision. Favorable final evaluations by the site supervisor and faculty are required for credit. Limited enrollment. Prerequisite: CN 6150/6253, 6352, 6354. 6355, 6357, 7301, 7302, 7351, or permission of instructor, and, completion of 30 semester hours in the program, and admission to candidacy for the Master's degree.

**CN 7365. Advanced Internship in Human Services. 3 Semester Hours.**

A supervised experience for advanced graduate students in an approved site which provides opportunities for application of principles and procedures in the student's specialized area of study. The internship is a planned training experience approved by the student's academic advisor.

**CN 7366. Advanced Internship in Human Services. 3 Semester Hours.**

Continuation of supervised experience in the student's specialized area of study. Student identifies specific objectives for training with approval of the academic adviser. Prerequisite: CN 7365.

**CN 7367. Community Counseling and Social Justice. 3 Semester Hours.**

The roles of counselors in community agencies, private practice, in litigation and consulting processes, and in client advocacy will be explored with the intent of assessing means by which counselors can provide access to and delivery of optimal mental health services. Counselors' roles and responsibilities in promoting fair and equitable mental health policy and legislation in a variety of contexts will be examined. Special attention will be paid to how the confluence of social and political barriers impact counselors' ability to assess and advocate for individual and community needs, facilitate conflict resolution, and secure resources for programs designed to empower and serve oppressed populations. Such oppressed populations include those individuals dealing with racism, sexism, religious persecution, poverty, immigration issues, language barriers, trauma (i.e. natural disaster, domestic violence etc.), heterosexism, physical disabilities, mental illness and interpersonal and/or institutional rankism.

**CN 7370. Marital Therapy. 3 Semester Hours.**

Applied focus on marriage/partnership and the top three relational interventions based on research and best practices. Prerequisite: Completion of CN 6370 and CN 6371, or enrollment in MFT doctoral program.

**CN 7371. Strategies of Family Therapy. 3 Semester Hours.**

Application of the main approaches in family therapy to clinical work; skill development in working with families. Prerequisite: CN 6370.

**CN 7372. Clinical Practicum in Marriage and Family Therapy. 3 Semester Hours.**

Basic skills in marriage and family therapy. Experiential focus on basic attending and listening skills. Introduction to individual and group therapy. Treatment of special situations and populations, e.g., suicide, depression, substance abuse. Prerequisite for CN 7380.

**CN 7373. Marriage and Family Life Development. 3 Semester Hours.**

This course takes a life course perspective to relationship development starting with relationship formation to death of a partner. Topics include dating, union formation, cohabitation, marriage, union dissolution, divorce, and remarriage, as well as health and dysfunction in each area. Contextual and social justice issues will also be examined. Prerequisite: CN 6370 and CN 6371, or instructor permission.

**CN 7374. Professional Issues in Marriage and Family Therapy. 3 Semester Hours.**

A study of the Texas Family Life Code and other legal issues and the ethical foundations in marriage and family therapy. Professional identity and attitudes of family therapists.

**CN 7375. Child Development and Play Therapy. 3 Semester Hours.**

Course content examines child development in terms of individual development and development in a relational context, and how child development informs the process of involving child in family therapy. Traditional theories and family social science theories of child development will be compared, and applied knowledge of filial, and child and family play therapies will be emphasized. Prerequisite: Completion of CN 6370 and CN 6371, or enrollment in MFT doctoral program.

**CN 7377. Sexuality Counseling and Somatic Issues. 3 Semester Hours.**

This class will explore the physiological, psychological, sociological, and theological aspects of human sexuality. Special emphasis will be given to the connection of sexual desire with love and intimacy. This course will include discussion of sexual arousal and response, nature, origin, treatment of sexual difficulties and sexual disorders.

**CN 7378. Divorce, Mediation, and Remarriage. 3 Semester Hours.**

A study of the issues involved in separation, divorce, and remarriage. Special methodologies applicable for dealing with individuals and families.

**CN 7380. Marriage and Family Therapy Internship. 3 Semester Hours.**

Consists of 15-20 hours weekly of supervised clinical practice at the Family Life Center and approved off campus sites, with 10 client contact hours weekly and individual and group supervision on campus. (Off campus supervision may also be arranged). Successful completion is competency based. Limited enrollment. Supervision by AAMFT approved supervisors. Prerequisite: CN 6370, CN 7371, CN 7372, CN 7374, completion of 24 semester hours in the program and candidacy for the Master's degree.

**CN 7381. Marriage and Family Therapy Internship II. 3 Semester Hours.**

Consists of 15-20 hours weekly of supervised clinical practice at the Family Life Center and approved off campus sites, with 10 client contact hours weekly and individual and group supervision on campus. (Off campus supervision may also be arranged). Successful completion is competency based. Limited enrollment. Supervision by AAMFT approved supervisors. Prerequisite: CN 6370, CN 7371, CN 7372, CN 7374, completion of 24 semester hours in the program and candidacy for the Master's degree.

**CN 7382. Marriage and Family Therapy Internship III. 3 Semester Hours.**

Consists of 15-20 hours weekly of supervised clinical practice at the Family Life Center and approved off campus sites, with 10 client contact hours weekly and individual and group supervision on campus. (Off campus supervision may also be arranged). Successful completion is competency based. Limited enrollment. Supervision by AAMFT approved supervisors. Prerequisite: CN 6370, CN 7371, CN 7372, CN 7374, completion of 24 semester hours in the program and candidacy for the Master's degree.

**CN 7383. MFT Internship IV. 3 Semester Hours.**

Consists of 15-20 hours weekly of supervised clinical practice at the Family Life Center and approved off campus sites, with 10 client contact hours weekly and individual and group supervision on campus. (Off campus supervision may also be arranged.) Limited enrollment. Supervision by AAMFT Approved Supervisors. Prerequisite: CN 6370, CN 7371, CN 7372, CN 7374, completion of 24 semester hours in the program and Candidacy for the Master's Degree.

**CN 7384. MFT Outcome Research. 3 Semester Hours.**

Examination of methodologies appropriate for clinical research, including qualitative and quantitative methodologies. Review current process and outcome research in counseling and marriage and family therapy. Develop original methodologies from research models in other disciplines. Prerequisite: CN 6381.

**CN 7385. Qualitative Research Methodologies. 3 Semester Hours.**

This course will explore the practical dimensions of qualitative research, such as creating a research design, conducting interviews and observations, and analyzing qualitative data to include understanding the ethical considerations needed in conducting credible qualitative research. This course will explore the central concepts, issues, and dilemmas associated with qualitative research by analyzing qualitative research studies. Additionally, this course will help students understand the principles and methodologies of a number of paradigms within qualitative research from ethnographies, case studies, phenomenology, grounded theory, content analysis, applied research and critical studies. Prerequisites: CN8381 and CN8382.

**CN 7386. Methods and Techniques of Play Therapy. 3 Semester Hours.****CN 7399. Thesis Direction. 3 Semester Hours.**

The thesis is the culminating experience which provides a record of a student's achievement in the program. The thesis requires research leading to the discovery or new knowledge or enhancement of existing knowledge in the field of interest. A project that helps solve a practical problem may also be acceptable. The thesis is a complete documentation of the research study, including theoretical background, description of the problem, the method used to investigate or solve the problem, presentation of results, interpretation of results, and explanation of the significance of the results.

**CN 8000X. Maintaining Matriculation. 0 Semester Hours.****CN 8108. Neurofeedback Practicum. 1 Semester Hour.****CN 8110. College and University Teaching. 1 Semester Hour.**

Provides the student with theory and experience in the process of higher education. The student are presented with theories and perform activities including but not limited to class preparation, class presentation, testing, course organization, and theories of instruction. Classroom experiences are analyzed and discussed under the supervision of qualified faculty. Favorable final evaluations by the faculty supervisor are required for credit. Prerequisites: 18 hours of doctoral level courses and approval by instructor prior to registration. Details concerning specific course opportunities are available from the department. Students may enroll for 1, 2, or 3 hours of course credit depending on the number of hours they spend on group activities in a particular semester. Students must complete a minimum of 15 hours for 1 hour of credit, 30 hours for 2 hours of credit, and 45 hours for 3 hours of credit.

**CN 8114. Supervision Practicum. 1 Semester Hour.**

Field based supervision of counselors-in-training. Prerequisite: CN 8324.

**CN 8115. Supervision Practicum in Marriage and Family Therapy. 1 Semester Hour.**

Field based supervision of counselors-in-training at the Family Life Center. Prerequisite: CN 8325.

**CN 8120. Research Practicum. 1 Semester Hour.****CN 8123. Doctoral Seminar in Counseling. 1 Semester Hour.**

An analysis of the issues facing the professional practitioner and educator in contemporary society; research and discussion of special topics, plus current and basic issues in preservice and inservice counselor education.

**CN 8130. Advanced Practicum in Group Analysis. 1 Semester Hour.**

This course provided doctoral students an opportunity to get advanced training and supervision in group work under the direction of an individual faculty member. Students may enroll for 1, 2, or 3 hours of course credit depending on the number of hours they spend on group activities in a particular semester. Students must complete a minimum of 15 hours for 1 hour of credit, 30 hours for 2 hours of credit and 45 hours for 3 hours of credit.

**CN 8194. Professional Identity in Counselor Education and Supervision. 1 Semester Hour.****CN 8208. Neurofeedback Practicum. 2 Semester Hours.****CN 8210. College and University Teaching. 2 Semester Hours.**

Provides the student with theory and experience in the process of higher education. The student are presented with theories and perform activities including but not limited to class preparation, class presentation, testing, course organization, and theories of instruction. Classroom experiences are analyzed and discussed under the supervision of qualified faculty. Favorable final evaluations by the faculty supervisor are required for credit. Prerequisites: 18 hours of doctoral level courses and approval by instructor prior to registration. Details concerning specific course opportunities are available from the department. Students may enroll for 1, 2, or 3 hours of course credit depending on the number of hours they spend on group activities in a particular semester. Students must complete a minimum of 15 hours for 1 hour of credit, 30 hours for 2 hours of credit, and 45 hours for 3 hours of credit.

**CN 8220. Research Practicum. 2 Semester Hours.****CN 8223. Doctoral Seminar. 2 Semester Hours.**

This course introduces MFT doctoral students to the skills needed to complete products required for the comprehensive examination portfolio and oral examination process. Students will engage in writing and submitting a funding application, as well as identify potential faculty mentors to assist in this process. Students will also participate in research design discussions as part of a research team, and they will begin the process of identifying and submitting conference abstracts for ongoing research projects. Prerequisite: Enrollment in MFT doctoral program.

**CN 8230. Advanced Practicum in Group Analysis. 2 Semester Hours.**

This course provided doctoral students an opportunity to get advanced training and supervision in group work under the direction of an individual faculty member. Students may enroll for 1, 2, or 3 hours of course credit depending on the number of hours they spend on group activities in a particular semester. Students must complete a minimum of 15 hours for 1 hour of credit, 30 hours for 2 hours of credit and 45 hours for 3 hours of credit.

**CN 8235. Doctoral Person of the Therapist (POTT). 2 Semester Hours.**

This course is designed to enhance the clinical skills and competence of doctoral level family therapists through the Person of the Therapist Training Model. The POTT model encourages students involved in clinical practice to actively explore self of the therapist issues to enhance clinical practice. Self of the therapist issues are inherent in clinical work and students learn critical self-reflection and analysis of power and privilege as they identify and work with personal issues that may arise in the context of clinical work. This course is designed to complement students' clinical competence as students develop an awareness of the self within one's own family of origin, as well as the broader social context. Prerequisite: Enrollment in CN 7141, CN 8363, CN 8364, and CN 8365.

**CN 8301. Professional Writing in Counseling. 3 Semester Hours.**

This course is designed to help become effective, efficient, and successful writers in counseling and related disciplines. Students will be able to demonstrate effective writing skills to non-professional and professional audiences. Written work is evaluated on general publishing standards in a portfolio of selected works, specific to the student's area and expertise. There will also be a focus on the protocols for writing the dissertation. (Open to Ph.D. students only.)

**CN 8308. Neurofeedback Practicum. 3 Semester Hours.****CN 8309. Theory and Practice of University Teaching. 3 Semester Hours.**

Through readings, class discussions, presentations, and teaching experiences, students will explore the major roles, responsibilities, and activities of graduate mental health program educators. Students will learn about instructional theory and methods relevant preparing mental health professionals. Ethical, legal, multicultural, and accreditation issues associated with training mental health professionals will be examined. Students will develop their personal philosophies of teaching and learning and will begin developing a teaching portfolio. During the application portion of this course, students will demonstrate use of their teaching and learning philosophies, effective course design, varied course delivery methods (including both face-to-face and online delivery techniques), and application of evaluation methods that are appropriate to course objectives. Students also will demonstrate their abilities to assess the needs of students and develop techniques to help students develop into competent mental health professionals.

**CN 8310. College and University Teaching. 3 Semester Hours.**

Provides the student with theory and experience in the process of higher education. The student are presented with theories and perform activities including but not limited to class preparation, class presentation, testing, course organization, and theories of instruction. Classroom experiences are analyzed and discussed under the supervision of qualified faculty. Favorable final evaluations by the faculty supervisor are required for credit. Prerequisites: 18 hours of doctoral level courses and approval by instructor prior to registration. Details concerning specific course opportunities are available from the department. Students may enroll for 1, 2, or 3 hours of course credit depending on the number of hours they spend on group activities in a particular semester. Students must complete a minimum of 15 hours for 1 hour of credit, 30 hours for 2 hours of credit, and 45 hours for 3 hours of credit.

**CN 8314. Supervision Internship. 3 Semester Hours.**

Field based supervision of counselors-in-training. Prerequisite: CN 8324.

**CN 8315. Supervision Practicum in MFT. 3 Semester Hours.**

The clinical profession of Marriage and Family Therapy utilizes an apprenticeship model of training in which an experience clinician assesses what the novice clinician is capable of providing, guides her/his professional development and clinical practice, and insures client welfare. This course will facilitate an applied supervision learning experience for MFT doctoral students to learn about balancing the various roles of a supervisor to facilitate the two priorities of supervision: trainee development and client welfare. The final third of the course will also incorporate a component on teaching family therapy substantive and clinical material. Prerequisite: Enrollment in MFT doctoral program.

**CN 8320. Research Practicum. 3 Semester Hours.**

This course allows students the opportunity to expand their knowledge and skills of applied research tools and techniques. Activities may include literature searches, evaluation of research, development of research proposals, use of computer-based statistical packages, and preparation of final reports. Students are required to devote 4-5 hours per week on site for a 1 credit hour practicum, 8-10 hours per week for a 2 credit hour practicum, and 12-15 hours per week for a 3 credit hour practicum. Evaluation of students is based on-site performance and the development of a research report, proposal, and/or paper. Prerequisite: Approval of faculty supervisor.

**CN 8324. Process of Supervision in Counselor Education. 3 Semester Hours.**

A study of theories of supervision including an overview of their relation to counselor development. Prerequisite: 600 hours of supervised clinical experience.

**CN 8325. Process of Supervision in Marriage and Family Therapy. 3 Semester Hours.**

A study of theories of supervision especially relating to marriage and family therapy including an overview of their relation to counselor development. Prerequisite: 600 hours of supervised clinical experience.

**CN 8330. Advanced Practicum in Group Analysis. 3 Semester Hours.**

This course provided doctoral students an opportunity to get advanced training and supervision in group work under the direction of an individual faculty member. Students may enroll for 1, 2, or 3 hours of course credit depending on the number of hours they spend on group activities in a particular semester. Students must complete a minimum of 15 hours for 1 hour of credit, 30 hours for 2 hours of credit and 45 hours for 3 hours of credit.

**CN 8341. Advanced Multicultural Assessment. 3 Semester Hours.**

This course focuses on objective measures of personality that will be maximally useful for professional counselors in developing treatment plans for individual and group counseling. Featured assessment instruments may include the California Psychological Inventory, the FIRO-B, the Myers-Briggs Type Indicator-Expanded Analysis Report, the Family Environment Scale and the 16 PF. Tests for evaluating learning styles, study skills, and motivation are also included. Laboratory fee \$25.00.

**CN 8351. Family Social Science Theory. 3 Semester Hours.****CN 8352. Family Systems of Care. 3 Semester Hours.**

This course applies systems and bio psychological models to various realms of mental health practice, supervision and administration. Emphasis will be placed on systematic applications to various organizational settings (i.e. private practice, agency, hospitals, organizational consultant) and the work of family therapists in these settings. Prerequisites: Enrollment in MFT doctoral program.



**CN 8355. Advanced Counseling Theories and Practice. 3 Semester Hours.**

An examination of the various theories of counseling and the implications for the practicing counselor; specific attention is focused on selected aspects of different theories with consideration of similarities and differences. Students will demonstrate the application of theory as it pertains to working with clients.

**CN 8356. Advanced Theories of MFT I. 3 Semester Hours.**

This course explores the influence and application of general systems theory and cybernetics to family systems. Readings will cover the historical roots of integrating general systems theory and family therapy, as well as the early marriage and family therapy theoretical and clinical models they influenced. Emphasis will be placed on the conceptualization and development of pre-postmodern family therapy, specifically its theoretical components and how they were operationalized. Prerequisite: Completion of CN 6370 and CN 6371, and instructor permission.

**CN 8357. Advanced Theories of MFT II. 3 Semester Hours.**

The purpose of this course is to carefully examine the postmodern movement as it applies to the field of Marriage and Family Therapy. Through readings and discussion, students in this course will explore the historical evolution and development of systems theory, cybernetics, and second-order cybernetics; examine the underpinnings of the postmodern movement, including its challenges and criticism; describe the tenets and application of selected current MFT models (e.g. Narrative, Collaborative Language Systems); and advance a personal theory of therapy – theoretical and applied. Prerequisite: Completion of CN 8356, and instructor permission.

**CN 8359. Doctoral Internship I. 3 Semester Hours.**

The doctoral internship is a two-semester experience (encompassed in CN 8359 Doctoral Internship I and CN 8360 Doctoral Internship II) that is designed to give doctoral students clinical experiences in core areas related to their professional development as counselor educators. Students are required to complete at least 600 hours of clinical and professional experiences over 2 semesters in the following 5 areas of development: Counseling, Supervision, Teaching, Research, and Leadership and Advocacy. The experiences are planned under the direction of their academic advisors and must allow the doctoral student to engage in counselor educator activities. The clinical experiences must incorporate multiple areas of development and must include (at the minimum) counseling, supervision, and teaching opportunities. Favorable evaluations by all supervisors are required for course credit. Prerequisites: CN 8309 – Theory and Practice of University Teaching; CN 8325 – Process of Supervision in Counselor Education; and CN 8355 – Advanced Counseling Theories and Practice.

**CN 8360. Doctoral Internship II. 3 Semester Hours.**

The doctoral internship is a two-semester experience (encompassed in CN 8359 Doctoral Internship I and CN 8360 Doctoral Internship II) that is designed to give doctoral students.

**CN 8361. Doctoral Internship III. 3 Semester Hours.**

The Doctoral Internship is a three semester, twelve month experience. During each semester, interns complete 400 hours on-site, at least 167 client contact hours for an in-patient setting or 134 client hours for an out-patient setting, and 34 hours of supervision. Case experiences are further analyzed under the supervision of faculty in weekly class meetings. Favorable evaluations by the site supervisor and faculty are required for credit. The Internship provides the opportunity to enhance therapeutic skill under the direction of doctoral qualified supervisors. The intern is assigned to an approved psychiatric hospital or mental health agency.

**CN 8363. Doctoral Internship in Marriage and Family Therapy I. 3 Semester Hours.**

The Doctoral Internship in Marriage and Family Therapy is a three semester, twelve month experience. During each semester, interns complete 400 hours on-site, at least 167 client contact hours for an in-patient setting or 134 client hours for an out-patient setting, and 34 hours of supervision. Case experiences are further analyzed under the supervision of faculty in weekly class meetings. The Internship provides the opportunity to enhance therapeutic skill under the direction of approved clinical supervisors. Interns are assigned to the St. Mary's University Marriage and Family Therapy Clinic and to an approved off-campus site. For Marriage and Family Therapy interns, 50 percent of the direct client contact must consist of work with families and couples. Prerequisites: Four CN 7141 for students entering with M.A. in MFT; without MFT background CN 7380, CN 7381, CN 7382 CN 7350.

**CN 8364. Doctoral Internship in Marriage and Family Therapy II. 3 Semester Hours.**

The Doctoral Internship in Marriage and Family Therapy is a three semester, twelve month experience. During each semester, interns complete 400 hours on-site, at least 167 client contact hours for an in-patient setting or 134 client hours for an out-patient setting, and 34 hours of supervision. Case experiences are further analyzed under the supervision of faculty in weekly class meetings. The Internship provides the opportunity to enhance therapeutic skill under the direction of approved clinical supervisors. Interns are assigned to the St. Mary's University Marriage and Family Therapy Clinic and to an approved off-campus site. For Marriage and Family Therapy interns, 50 percent of the direct client contact must consist of work with families and couples. Prerequisites: Four CN 7141 for students entering with M.A. in MFT; without MFT background CN 7380, CN 7381, CN 7382 CN 7350.

**CN 8365. Doctoral Internship in Marriage and Family Therapy III. 3 Semester Hours.**

The Doctoral Internship in Marriage and Family Therapy is a three semester, twelve month experience. During each semester, interns complete 400 hours on-site, at least 167 client contact hours for an in-patient setting or 134 client hours for an out-patient setting, and 34 hours of supervision. Case experiences are further analyzed under the supervision of faculty in weekly class meetings. The Internship provides the opportunity to enhance therapeutic skill under the direction of approved clinical supervisors. Interns are assigned to the St. Mary's University Marriage and Family Therapy Clinic and to an approved off-campus site. For Marriage and Family Therapy interns, 50 percent of the direct client contact must consist of work with families and couples. Prerequisites: Four CN 7141 for students entering with M.A. in MFT; without MFT background CN 7380, CN 7381, CN 7382 CN 7350.

**CN 8373. Gender and Ethnicity Through the Life Cycle. 3 Semester Hours.**

Theoretical and clinical concerns related to family development and its interactions with issues of gender, ethnicity, aging, ADS, chronic illness, disability, sexual diversity, and multiculturalism. Family life cycle development theory and issues and concerns of each stage will be explored to develop an awareness and understanding of how traditional family life cycle theory is changed in respect to the topics mentioned above. How these issues affect therapy with individuals, couples, and/or families will be a focus.

**CN 8374. Critical Theory and Social Justice in MFT. 3 Semester Hours.**

This course introduces students to models of multiculturalism and cultural critique based on philosophical, economic, and sociological methods of analysis. It also explores the relationships between multiculturalism, cultural competence, critical theory and social justice. The emergence of the critical theory and social justice discourses in the realm of family therapy and their practical applications in clinical practice and person-of-the-therapist work will also be discussed. Prerequisite: Completion of CN 8356 and CN 8357, or enrollment in MFT doctoral program.

**CN 8375. Working With Latino Families. 3 Semester Hours.**

Students in this course cover theory and research covering the cultural variety, value orientations, relational emphases, and clinical priorities and outcomes for Latino families in the U.S. Emphasis will be placed on cultural nuances affecting presentation, assessment, and treatment of Latino individuals, couples, and families, as well as program development in Latino communities. Prerequisite: CN 8356 and CN 8357, or instructor permission.

**CN 8376. Qualitative Approaches. 3 Semester Hours.****CN 8377. Qualitative Research. 3 Semester Hours.**

This course is a seminar course for doctoral students interested in developing a research proposal based on qualitative research methods. Through assigned readings and class discussions, this course will examine the philosophical, theoretical and practices of qualitative research methodologies with specific focus on phenomenological and grounded theory. Guest speakers will demonstrate the qualitative methodology utilized in their published work, with particular emphasis on analytical strategies and preparing findings for final write up. Students will be exposed to and practice the use of qualitative software. Students will complete a qualitative research proposal in meeting the course objectives. Prerequisites: CN 8381, CN 8382, and CN 7385.

**CN 8380. Statistical Assessment. 3 Semester Hours.**

The primary goal of this course is to provide the student with a foundation ranging from elementary to inferential statistics.

**CN 8381. Advanced Research Methods. 3 Semester Hours.**

This course is designed to provide students with foundational skills in advanced research methodologies. Students will incorporate skills developed in the advanced statistical assessment course to learn how to develop and apply advanced research designs, including information about advanced methods for analyzing and interpreting data. Prerequisites: CN 7385, CN 8381, CN 8382.

**CN 8382. Quantitative Research Methods. 3 Semester Hours.**

This course is designed to provide doctoral students with introductory information about developing a research proposal based on quantitative research methods. Through assigned readings and class discussions, this course will examine the philosophical and theoretical practices of quantitative research methodologies. Students will be exposed to and will practice the use of quantitative software. Students will complete a quantitative research proposal in meeting the course objectives.

**CN 8385. Advanced Statistics. 3 Semester Hours.**

The primary goal of this course is to develop foundational skills for a range of statistical procedures and programs, from basic inferential statistics to the introduction of multivariate data.

**CN 8390. Dissertation Research. 3 Semester Hours.**

To be scheduled only with consent of department and after passing the qualifying examination for admission to candidacy. May continue to enroll in this course as needed for completion of degree.

**CN 8391. Dissertation Proposal. 3 Semester Hours.**

To be scheduled only with consent of department after approval of the proposal continued enrollment is required until dissertation is approved by the Graduate Dean.

**CN 8392. Dissertation Defense. 3 Semester Hours.**

To be scheduled only with consent of department after approval of the proposal. Continued enrollment is requirement until dissertation is approved by the Graduate Dean.

**CN 8393. Leadership, Advocacy and Service. 3 Semester Hours.**

Through readings, class discussions, presentations, and teaching experiences, students will explore the concepts of Leadership, Advocacy, and Service. Ethical, legal, multicultural, and accreditation issues associated with Mental Health Professionals will be examined. Students will identify and develop personal plans to include acknowledgement of Leadership style. Additionally students will begin the work of finding their voice as a professional advocate as well as develop a comprehensive Service program to the community, to be included in student's personal portfolio.

**CN 8394. Professional Identity in Counselor Education and Supervision. 3 Semester Hours.**

This course provides an experience for doctoral counseling students to advance their professional identity through mentoring and involvement in the counseling profession. Students will explore opportunities for leadership in professional organizations, including the process of developing and submitting conference presentation proposals, journal manuscripts, and research- and practice-related grants. Students will learn about the foundational principles on which counselor education is based, including and exploration of the ethical and legal standards that govern professional practice. Additionally, this course serves as an introduction to the professional roles of counselor educators, namely counseling, teaching, research, supervision, and leadership and advocacy. Prerequisite – Admission to the Ph.D. program.